# Lent: Discussion Questions for 3/17/24

## Forgiveness: The Key to Healing and Freedom (Liz Dickson)

Instructions: A life group is a family growing in Jesus together (worship), caring for each other (community), and BLESSing our neighbors together (mission). Start with a couple of the CONNECT questions. Then read the Scriptures and discuss. Make sure to conclude by applying the passage and finishing with a time of prayer.

### **CONNECT TOGETHER** (choose 1-2)

- 1. What is something you are thankful for this week?
- 2. How have you seen Jesus at work in the world around you? How have you been able to join him? Remember, God works through small stories.
- 3. Are you facing a challenge right now?
- 4. From Sunday's message, is there a thought or idea that especially intrigued, provoked, disturbed, challenged, encouraged, or surprised you?

#### READ Matthew 18:22-35

- 1. Have someone retell the passage in their own words.
- 2. Does anything stand out as surprising, interesting, confusing, frustrating, or powerful?
- 3. Where do you see the consequences of unforgiveness in the world?
- 4. Look at vs. 35 again. What does it mean to forgive from the heart? What kind of torment do we suffer when we don't forgive?
- 5. What do you learn about people in this passage? (yourself, others)
- 6. What do you learn about God in this passage? (his character, his ways, etc.)

#### LIVE IT OUT

- 1. During this Lenten season, what attitudes or actions are being exposed that are NOT like Jesus?
- 2. During Lent, how are you being formed into Jesus' image? Are you using the Lenten Prayer Guide from provided? (avalonchurch.org/resources)
- 3. In what other ways can you apply today's passage? How is this passage calling our group to live out God's mission to bless others?

#### <u>PRAY</u>

