

Communion Guide

Introduction

Communion is a beautiful way of remembering and worshiping the Lord within big and small church communities. It may seem intimidating, but it is much easier than you think. Here are some suggestions to guide you.

Prepare

For a more traditional setting, prepare the elements ahead of time. Break pieces of cracker or pita bread on a small plate. Pour a little wine or grape juice into cups.

For a more authentic experience, make communion part of a full meal. The bread can be broken and the wine or grape juice poured as you eat together.

You may want to play worship music in the background.

Connect with the Meaning of Communion

Share your own experiences and thoughts about Jesus. Maybe ask a question that everyone can answer. For example, “What words come to mind when you think of Jesus’ sacrifice?” or “What moves you most about Jesus’ love for us?”

Read Scripture

Choose one of following scriptures to read aloud:

- Matthew 26:26-29
- Luke 22:14-20
- Mark 14:22-25
- 1 Corinthians 11:23-26

Share the Bread

Pass the bread. Allow everyone to share their thoughts on what it means that Jesus’ body was broken for us.

Say: “Jesus said, ‘Do this in remembrance of me.’ Let us eat.”

Share the Drink

Pass the wine or juice. Allow everyone to share their thoughts on Jesus’ blood that was shed and what this means to them.

Say: “Jesus said, ‘Do this in remembrance of me.’ Let us drink together.”

Conclude in Prayer

Close with a prayer and/or singing a simple song together.