

# LG Leader Training Discussion Questions

## 5. Follow Me - Worship in Life Group (9/12/21)

Instructions: A life group is a spiritual family. It is a time of mutual discussion, invitation, and growth together with the Holy Spirit. During the discussion, our role as Life group leaders is to set the environment and help create a space for ourselves and our groups to hear from the Holy Spirit through engaging with God's word and listening to God and one another. As facilitators, rather than teachers, we primarily ask inviting or clarifying questions. We create space to hear from the Lord, hear from one another, and process what is in their hearts. It's good to begin with prayer and 1-2 ice breaker questions to prime the pump and get to know one another. Then, after reading the Scriptures, **pick the questions that are of most interest to your group**. Don't end without a couple of application questions to live out our mission together. Finish with some time to care for one another and pray together.

### Ice Breaker Question (pick 1-2 questions)

1. How would you explain what worship is to someone who is unfamiliar?
2. What is one thought or idea from Sunday's message that especially intrigued, provoked, disturbed, challenged, encouraged, warmed, warned, helped, or surprised you?

### Read and discuss Romans 12:1-2

1. How does the Apostle Paul define worship in these passages? How is this different from the conventional definition?
2. How are the "behaviors and customs of this world" different from "the new person" who has been changed by Christ? Be specific.
3. How does the large church service promote this understanding of worship? How does it not?
4. How can life groups and other smaller communities better create "true worshipers"? (Matthew 28:19-20 offers some ideas that are often executed better in a life group than a Sunday service).

### Application

1. Take a minute to pray silently. As a result of our discussion time, what is God saying to you? What area of life might He be inviting you to take a step?
2. As a result of today's discussion, what needs to change in your life? Ask for this change by prayer together. What can you actively do by faith to receive this change in your life?
3. As a result of today's discussion, what needs to change in the way you lead your life group?
4. As a result of today's discussion, how can your life group be a blessing to those outside the church or your group?
5. Are you surprised by Paul's definition of worship compared to the one you have held? Explain.
6. How can you promote and celebrate life transformation (true worship) in your life group?
7. Are there some possible ways to add elements of praise to your life group gathering?
8. What questions come to your mind about leading a life group?
9. **Next week is about community. Designate two people to bring bread and juice/wine for communion together. Consider following communion with a meal together.**

### In your prayer time together

1. Read the Lord's Prayer (Matthew 6:9-13).
2. Spend a few minutes praying together that God's Kingdom come and his will be done in your group and in Avalon Church as it is in heaven.
3. What personal concerns are heavy on your heart?
4. What needs in the lives of others is God opening your eyes to?